

Health Benefits – Detailed Terms & Conditions

As part of 'M' circle, we have curated a comprehensive health benefits package designed exclusively for women, bringing together preventive care, fitness, diagnostics, and expert consultations, all in one place. Enjoy seamless access and take charge of your well-being with confidence and ease.

Eligibility Criteria

- This health package is exclusively available for women who are a part of 'M' circle
- Customer must be active on AU 0101 App
- Each eligible customer can activate 1 membership only using registered mobile number
- MediBuddy membership is applicable only for customers aged between 18 and 75 years.

Membership Validity

- Membership remains valid for 12 months from the date of activation.
- Healthcare services can be accessed immediately upon activation and will continue throughout the one-year period.

How to Access Health Benefits

- Start by downloading and registering on the AU 0101 App or AU 0101 Business App. Log in and tap the 'M' circle Health banner to proceed
- You'll be redirected to https://affinity.medibuddy.in/home?utm_source=M%20Circle%20by%20AU%20OSFB
- If you're a first-time user, click on 'Activate Now' and fill in your details including name, email, mobile number, and date of birth. If you're already registered, click on 'Sign in to MediBuddy' and log in using your mobile number and OTP verification
- Customers must log in using bank-registered mobile number to activate membership.
- Customer will receive a confirmation Mail/SMS from MediBuddy once the membership is activated (within 24–48 hours)
- After activation, the customer can log in via the MediBuddy App, MediBuddy Website, or by clicking 'Sign in to MediBuddy' on the co-branded page to start using the services

Need help with your health benefits?

For any service-related queries or concerns, please reach out to the MediBuddy support team at hello@medibuddy.in or call **9999991555**.

Annexure 1 - Detailed Package Description

Description	Details	Advance
Online Doctor Consultation	Unlimited Free Consultations	1. General & Preventive Care
		a. General physician consultations for fever, cold, cough, minor infections
		b. Seasonal illness management (flu, dengue, viral fever)
		c. Preventive health counselling & lifestyle advice
		d. Annual health review and check-up interpretation
		2. Women's Health (Gynaecology)
		a. Menstrual health, PCOS, PMS care
		b. Pregnancy & prenatal counselling
		c. Postnatal & breastfeeding support
		d. Menopause & hormonal health
		e. Sexual & intimate health guidance
		3. Paediatric Care
		a. Common childhood illnesses (fever, cold, cough)
		b. Growth & development monitoring
		c. Vaccination guidance
		d. Nutrition & diet for children
		4. Chronic Disease Management
		a. Diabetes monitoring & diet advice
		b. Hypertension & heart health follow-ups
		c. Thyroid disorder management
		d. Asthma & respiratory condition care
		5. Specialty Care
		a. Dermatology (skin issues, acne, rashes)
		b. Orthopaedics (joint pain, back pain, mobility issues)
		c. Mental health (stress, anxiety, depression)
		d. ENT (ear, nose, throat problems)
		e. Gastroenterology (digestive issues, acidity, IBS)
6. Lifestyle & Wellness		
a. Diet & nutrition planning		
b. Weight management programs		
c. Sleep health counselling		
d. Fitness & exercise guidance		
Offline Doctor Consultation	Wallet amount for	1000
	a. General Physician	
	b. Gynaecology	
	c. Paediatric	
	d. Dermatologist Paediatric	
	e. Dermatology	
	d. Vision	

Dental Care & Procedure	Complementary consultations and exclusive discount	Unlimited consultations + up to 20% off on procedure
Vision Care	Buy 1 Get 1 offer - LensKart & SpecsMakers	1 per user
Preventive Health Checkup	1	CBC with ESR, Lipid Profile, Iron, Diabetes Profile, Thyroid Test, Kidney Function Test, Urine Routine & Microscopy, Cancer Marker (PAP Smear, CA125, Mammography / Sono Mammography)
Diagnostic	Discount Vouchers	Rs. 1000 discount vouchers (5 Voucher - Rs. 200 each) + Flat 40% off on all preventive & diagnostic
Exclusive Pricing for Conditional health Checkups	5 Health checkups Per Customers	1. PCOS Basic Health Checkup: Flat 60% discount
		2. PCOS Advanced Health Checkup: Flat 58% discount
		3. Hormone Profile-Female: Flat 67% discount
Fitness	CultPass Home Membership	Complimentary Cult Pass Home Membership - 12 Month
	-Unlimited Live Workout sessions	
	-Variety of formats: Dance, S&C, Yoga, Boxing, HIIT, HRX and many others	
	-Unlimited pre-recorded Workout & Meditation Sessions	
	-Unlimited healthy recipes and prerecorded cookery shows	
	-Insightful fitness reports & weekly trackers	
	-Squad feature – group classes with friends and family	
Fitness Discount Connect	Cult Pro (Centre + Online Sessions)	Flat 39% off on 12-month membership
	Unlimited access to PRO + OnePass gyms only	
	Elite gyms- 2 sessions access per month Group classes at Cult- 2 sessions per month	
	All Inclusions of Cult Home Package	
Pharmacy care	Pharmacy discount	Up to 15% discount on all prescribed medicine
Vaccination - Kids	Vaccination discount	Up to 20% discount on vaccination kids
Access to Tailored Programs (For All Starter & Advance)		
Category	Key Features of Program	Exclusive Offer for Women Customers
Maternity Programs	Prenatal Yoga Group Sessions	Up to 20% discounts across all the packages + Additional discounts
	Mom Care+	
	Garbh Vigyaan Workshop	
	Labour & Birth Workshop	
T&C Apply. All offline MediBuddy services like doctor consultations, health check-ups, and CultFit gym access can be availed at MediBuddy's partner locations.		

To avail your complimentary health check-up:

- Log in to the MediBuddy page (App/website)
- Click on Annual Health Check (AHC)
- Select MB Complete Women Care Package and MB Pack 400

To avail Cult fit:

- Log in to the MediBuddy page (App/website)
- Click on Cult.fit banner
- Proceed with payment details